







Southern United Hockey Club

HOCKEY 5'S



Note

- 5 players on the field but you can register up to 10 players per team
- \$80 per team (all money raised goes back into the club)
- If your team has 3 or more PL players you should select the competitive grade
- Juniors can play in the Open grades as well
- There will be entertainment all day and the BBQ and Bar will be roaring!!!

Farm Road Saturday, 19 December 2015

SUHC are running the popular Hockey 5s tournament this year. grab a bunch of mates and enter a team into one of the following categories:

- •Mixed Juniors: (6-12 years) 9am-11am.
- •Mixed Open (social) 11.30am-3pm.
- •Mixed Open (competitive) 11.30am-3pm.

Contact Jesse on 0449632857 or southern.united.hockey@gmail.com

Other

- Prize for best dressed team
- Sign up as a team or you can sign up individually and you will be placed into a team on the day (\$15 for individual registration)
- Each team will have to supply an umpire for games they are not playing in
- To register please send an email with your team name, what grade you want to be play in and possible team members to <u>southern.united.hockey@gmail.com</u>
- Payment must be made before the day otherwise you cannot play.
- There will be stalls open throughout the day
- Registrations close on December 12.

Rules:

- 1. 5 aside (choose to have a goalie or not)
- 2. No hitting
- 3. Slapping and overheads only in competitive comp
- 4. 2 points for a field goal and 1 for a penalty corner
- 5. No long corners defence will take a 16
- 6. 15 minute games (no half time)
- 7. Goal scoring zone will be marked out by cones
- 8. Lifted balls are allowed under knee height.
- 9. Ball can be lifted at any height to score a goal



Set up of Hockey field

