

TO	All Affiliates
FROM	Ben Hartung, Chief Executive Officer, Hockey Victoria
SUBJECT	Anti-Doping Policies & Educational Resources
DATE	Monday 4 th March 2013

Dear Affiliates,

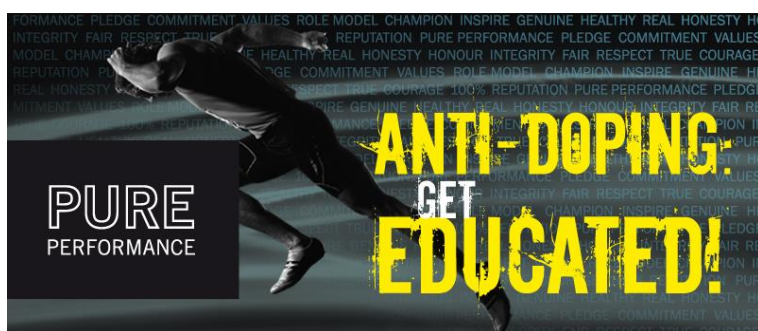
With all of the recent revelations and extensive commentary in relation to drugs in sport that has dominated the national media landscape, I thought it would be pertinent to remind all affiliates of some of the existing anti-doping policies as well as the excellent educational resources that are available for players, coaches, club officials and parents to learn more about the key issues of drugs in sport.

Australian Sports Anti-Doping Authority (ASADA) e-Learning - Pure Performance

Phased in over the last two years, any player selected to represent Hockey Victoria in our Under 15, 18, 21 or Senior State Teams has been mandated to complete the e-Learning anti-doping tool developed for the Australian sporting community by the Australian Sports Anti-Doping Authority (ASADA).

The core six 20-minute modules, called ***Pure Performance Online***, provide you with the opportunity to learn about the key areas of anti-doping, covering topics such as prohibited substances and methods, therapeutic use exemptions, doping control and whereabouts.

I would strongly encourage all players and coaches as well as interested club officials and parents to complete this e-Learning anti-doping education tool at a convenient time so that you can increase your knowledge of the key areas of anti-doping.



Website: [ASADA e-Learning - Pure Performance](#)

Sports Medicine Australia - CleanEdge

CleanEdge is Sports Medicine Australia's excellent educational resource and information hub that explores healthy ways to enhance performance, the facts about, and the consequences of, doping in sport. It also provides important information about body image and overtraining.

The CleanEdge website targets those participating at **all levels** of **community sport**, including those aspiring to reach their next sporting dream.

The website contains up to date information, links to other resources/website, video interviews with elite athletes, video information and advice from sporting professionals including dietitians, psychologists and physiotherapists, as well as information on overtraining. The website also includes an Educational Tool Kit with various activities that you can do at your Club or Association.



Website: [CleanEdge](#)

Hockey Australia Anti-Doping Policy

All affiliates and especially those athletes who represent Hockey Victoria at Hockey Australia National Championships or events should also be aware of Hockey Australia's Anti-Doping Policy which was updated in 2010.

Website: [Hockey Australia Anti-Doping Policy](#)

Victorian Sports Anti-Doping Policy (2012 Update)

The community expects that Victorian athletes will compete fairly and without the use of prohibited drugs or doping methods. The Victorian Government is committed to protecting the health of athletes and the spirit of sport by discouraging the morally and ethically indefensible use of prohibited performance enhancing drugs in sport.

The Victorian Sports Anti-Doping Policy requires both the Government and sports organisations in Victoria such as Hockey Victoria to support compliance with the expectations and standards expressed within the World Anti-doping Code.

Website: [Victorian Sports Anti-Doping Policy](#)

MEMORANDUM



In the event of a breach of relevant anti-doping policies, it is important to understand that ignorance of the anti-doping policies or the requirements of these policies is not an accepted defence, so I would strongly encourage all members of the Victorian Hockey community to familiarise themselves with the existing anti-doping policies as well as some of the excellent educational resources that are available.

Hopefully you will find the above information and website links useful.

Kind Regards,

A handwritten signature in black ink that reads "Ben Hartung".

Ben Hartung
Chief Executive Officer
Hockey Victoria