

Southern United Newsletter



Premier League

In 2016 SUHC have teams in both the Premier League (PL) Men's and Women's Competitions for the first time in the clubs history! Come and see history in action in Round 1 of the states flagship competition when our best take on Hawthorn's best in Round 1 at Hawthorn on April 2. The PL Women's side play at 2pm and the Men play at 3.30pm. The games are at The Hawthorn Hockey Centre.

REGISTRATIONS

Registrations are open and we need everyone to get this done sooner rather than later. The two step process for Hockey Victoria and Southern United Registration is available at <http://suhc.com.au/section-information/registration-form/>

Goalkeeper training will be on Tuesday nights once a month, for more information please contact John at such.junior.goalies@gmail.com

TRAINING TIMES

There has been a slight change to training times, check at our website!



Social Media

Most of you will have 'liked' our Facebook page by now, the page is going well and we are one of the more popular and most viewed Facebook pages in Victorian hockey. In saying that, it would be good to get more and more interaction on the page. More comments, likes, shares of our posts and so on. All of this helps promote our club.

Make sure to regular check our website as well for the latest news and to check everything else, like: The Calendar of events, Section specific information, Training schedules (don't txt your coach at 5pm on a Tuesday, check the schedule...), and information about Holiday programs and clinics to name a few. The website is undergoing a facelift, stay tuned for changes!

If we could also get everyone to follow us on **Twitter** at : @SUHC_Hockey

Instagram at: southernunitedhockeyclub

Youtube at: https://www.youtube.com/channel/UCfDy68_Gi1WWZyh007c1wbQ (Search Southern United Hockey Club).



Working Bee

The club is running a working bee on April 3 down at Farm Road from 10am - 1pm. If anyone is available please come down and get the ground in tip top condition for the first round of home games.

Please bring your own tools if you can:
Wheelbarrow. Shovel / Spade. Rake, small garden tools, gloves.

NOTE: BBQ AND DRINK REFRESHMENTS COURTESY OF CoM.

Any questions or to register your interest please email Ron

Noe at:

ronoe@bigpond.com



HOOK IN2 HOCKEY

After Hockey Victoria and Southern United combined to take Hockey into some of the local schools around our club we managed to get 120 children down to our 'Come and Try Day'. 120 was approximately double what we had ever had before. All the hard work the organisers and coaches had put into the schools program which is used as a recruitment tool definitely paid off. 94 out of the 120 stayed on and participated in our Hook In2 Hockey Program, the majority will now also play Juniors in 2016! If we keep getting 94 brand new players through this program each year we will need a new turf..... There are too many people to thank



Mckenzie's Clinics

Throughout February and March the club ran a set of Mckenzie's Skills Clinics for both field players and goal keepers. The goal keeper clinics were a real highlight with excellent participation numbers and a fun and exciting atmosphere each and every session.

A big thank you has to go to Dave McPherson, David Hammond, Ash Bingle and Alice Arnold for running the program and mentoring the young keepers.

Thank you also to those people who came down and helped hit balls at the keepers; Ash Jones, Jono Stewart, Rees and John Leighton. (Sorry if i have missed anyone)



Dave 'Macca' McPherson pictured here with a couple of his young prodigies.

Hockey Holiday Program

On April 6 and 7 we are hosting our own Hockey Holiday program. We have run these for a few years now and they are always well received, many of the participants return each holidays after enjoying their experience. These clinics are open to anyone aged between 6 and 14 and all participants will be grouped according to age and ability to ensure everyone is training with their peers.

In 2015 we introduced Elite Skills Clinics which are 1.5hour sessions based around specific skills. These sessions are perfect for players aged 12-18 who want to work on a specific part of their game. Last year we filled 72 spots, numbers aren't quite as high for the March version due to the Southern United Hockey Academy and the Hockey Victoria Academy just finishing and with players getting ready for State tournaments but we will run them again in the July Holidays and we expect them to fill up.

The Elite Skill sessions are running March 30 and 31 and anyone between the ages of 12 and 18 can attend. We will use only the top coaches available.

If you have any questions regarding either of these programs please email Jesse at southern.united.hockey@gmail.com

Season Launch Party

Saturday April 16 is the date for the SUHC Season Launch party! Kicking off at 5.30pm at Farm Road, there will be finger food, drink specials, entertainment, games and competitions with cash prizes, with the main presentation at 7.30pm.

Come down and celebrate the start of a potentially very successful year for the club!

More info to come shortly via www.suhc.com.au

It would be great to get as many people there as possible to support the club.



State Representatives

Good luck to Josh and Nathan Ephraums who head away to the national u21 tournament in early April, the boys will be hoping to help the team go back to back!

Good luck to all our athletes travelling away to the National U15 tournaments, they are:

U15 Boys: Billy Hanrahan, Carlin Walker, Craig Marais, Trent Symss.

U15 Girls: Amy Lawton, Emily Hamilton-Smith and Olivia Carruthers.

We also hope for a bit of luck for our Train Ons Alice Arnold in the U21 Womens group and Rylan Pease in the U15 Boys. It would great to see you get the call up!



OUR SPONSORS



19 Nicholls Cr., Mordialloc, 3195
P.O. Box 75, Mordialloc, 3195
Ph: 03 9580 4595
Mob: 0425 776 121
www.wjosigns.com



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CONTACT SUHC:

Phone Number: 0437 190 422

Postal Address: P.O Box 689 East Bentleigh 3165

Clubrooms: Kingston Heath Reserve, 74 Farm Road Cheltenham

Phone: (03) 9583 2134

Website: <http://suhc.com.au>

Email: southern.united.hockey@gmail.com

Catch us on Facebook, twitter and Instagram and You Tube as well.

You Tube: https://www.youtube.com/channel/UCfDy68_Gi1WWZyh0O7c1wbQ