



Southern United Hockey Club Inc

Men, Women, Veterans & Juniors

Southern United Hockey Club

The Southern United Hockey club came in to being in 2006 with the merger of the Moorabbin Districts and Sandringham hockey club.

With 35 to 40 teams playing each year, Southern United is the largest club in South East Melbourne.

The club committee of management consists of a representative from each section of the club – Juniors, Masters, Men and Women, together with President, Vice President, Secretary and Treasurer.

President	David Finlayson	president@suhc.com.au
Vice President	Helen Eddington	vice.president@suhc.com.au
Junior Section	Roger Arnold	junior.section@suhc.com.au
Secretary	Tim Cole	secretary@suhc.com.au

Junior Committee

The junior section is managed by a junior committee. The committee is always looking for volunteers, no hockey skills are necessary.

Section Head	Roger Arnold	junior.section@suhc.com.au
Junior Secretary	Anna Jennings	junior.secretary@suhc.com.au

Also in the committee are:

Jill Arnold, Peter Paice, Julian Pratt, Gareth Mosford, Ian Campbell, Andrew McLoughney, Louis Carstens and Warren Davey

Each age group has an age group co-ordinator. The co-ordinators are:

Under 10	Allison Williams	suhcunder10@gmail.com
Under 12	Gareth Mosford	suhcunder12@gmail.com
Under 14	Julian Pratt	suhcunder14@gmail.com
Under 16	Tony Swain	suhcunder16@gmail.com

These people, together with the team managers are the key source of information. The Southern website suhc.com.au and the Facebook page <https://www.facebook.com/southernunited> are also key information sources.

Hockey Victoria

Southern United is part of the Hockey Victoria Metropolitan competition. Hockey Victoria manages the competitions in which Southern United competes, including managing of fixtures.

Winter Season

Hockey is generally a winter sport and the main hockey season is over winter. The junior teams play in a 14 round home and away season.



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Age Groups.

The age groups for junior are:

Under 16 – children born in 1998 or 1999

Under 14 – children born in 2000 or 2001

Under 12 – Children born in 2002 or 2003

Under 10 – Children born in 2004 or later

Some children may play in an age group older than they are qualified; this is at the discretion of the junior committee.

Girls and Boys

Within the under 16, 14, and 12 competition there is a mixed competition for both boys and girls, and a girls competition. Southern United has teams competing in both mixed and girls. We encourage girls to play in the girl's competition. Under 10's play mixed.

When are the games played.

The under 14 and under 16 games are played on a Friday evening. The games times are 6pm, 7.15pm, 8.30pm and 9.45pm. Games will only be played at 9.45 where essential due to fixturing and will only be under 16s.

The under 10 and under 12 games play on a Saturday morning. Generally the under 12 games play first, generally starting between 8.30 and 10.30, with the under 10 games somewhere between 10.30 and 11.30.

How long are the games?

The under 14 and under 16 games consist of 2 x 30 minute halves, with a 5 minute half time. The under 12 and under 10 full field games consist of 2x25 minute halves with 5 minute half time, and the under 10 half field is 2 x 20 minute halves with 5 minute half time.

Dates

The season for 2014 is fourteen rounds of home and away games.

The junior season commences with round 1 on the 2nd and 3rd of May – the weekend after Anzac Day weekend. There is no hockey on

Queen's Birthday weekend – 6th and 7th June. There is also no junior hockey on the weekends of 27/28th June and 4th / 5th July due to school holidays.

For the full field hockey round 14 will be on 22nd/23rd August. The semi-finals will be played on 29th/30th August and the grand finals on 5th/6th September. Under 10 full field will not have finals and finish the season with a carnival on the 30th of August.

For the ½ field under 10's hockey, on the 21st June, a gala day will be held where the teams will play a round robin competition with other local clubs on the Saturday mornings. Another gala day will be held on the 23rd August. ½ field teams will play 12 rounds of hockey, and have two gala days.

Grades

For under 12, under 14 and under 16 age groups, there are three grades of hockey that are played during the winter season.



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The A grade, often called “shield”. These teams play in a competition with clubs from all areas of metropolitan Melbourne, including Geelong.

The B grade, which is referred to as Pennant. There are two pennant competitions for metropolitan Melbourne, Southern United generally has a team in the Pennant South East Competition for the grade. The south east group will contain teams generally from Berwick, Frankston, Waverley to Box Hill.

The C grade, which is referred to as district. There are up to five different district competitions in metropolitan Melbourne in district grade. Southern United generally plays in the South district competition, hence a team will be known as “under 12 south”. At times Southern United will have teams in other districts as well. South generally contains teams from Berwick (Casey), Dandenong, Frankston, Mornington, Mentone.

If Southern United has more than one team in a particular grade, these teams will be differentiated by colour, so a team may be known as Under 14 South Red. The colours generally are red, black or silver - the colours of the uniform.

What to Wear & Bring to hockey

The Southern United uniform can be purchased at the shop at out Farm Rd ground. The shop will be open from the first Saturday in March, between 9- 12 noon or by appointment. Greg Edwards who runs the shop can be contacted on shop@suhc.com.au or 0435 816 546

The uniform consists of a red/black/silver kukri shirt/singlet as per below, black shorts and red socks with black top. These items are a

\$55 shirt	\$40 shorts & skorts
\$12 socks	\$45 Jr hoodies 4 to 12
\$60 snr hoodies 14+	\$40 trackies
\$60 club jacket	

100% of all profit goes back into the club's running costs and upgrades. The shop also stocks that all your hockey equipment needs, sticks, shoes, bag and shin pads.

The shop will be open from the first Saturday in March, between 9- 12 noon or by appointment.



What else to wear/bring?

Players can play in runners, but shoes designed to play on the hockey turf provide better grip and support. These also can be purchased at the shop at Farm Rd or at other sports shoe stores such as Sportsmart.



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Mouth guards and shin pads are essential. Mouth guards can be purchased at chemists, sports shops or from your dentist.

The **hockey stick**. Once again hockey sticks can be purchased at the club shop. As children grow, their hockey stick needs to grow with them. Ideally the stick reaches from the ground to the player's hip bone.

At training full uniform is not required. Shin pads and mouth guards are a must at training.

When playing a team with uniform that clashes – ie red shirt, if your team is the away team (the 2nd name team), instead of wearing the red club shirt a clash shirt needs to be worn. In the junior grades this can be a white t-shirt, or a club away shirt can be purchased for this purpose.

Teams

Each player will be allocated to a team, based on the clubs selection policy. There often is some movement of players between teams as the season ebbs and flows due to injury and player availability.

Each team has a coach, or coaches, allocated to the team, and a team manager. If you are interested in being a coach or team manager, please let the junior secretary know on junior.secretary@suhc.com.au

The team manager will be responsible for sharing information about the goings on of the team to all members of the team. They will also allocate a family each week to bring half time refreshments – often oranges and snakes and create a roster for canteen duty.

If you have any questions about the team or what is happening with the team please contact your team manager, or the age co-ordinator if needed.

A team for full field hockey consists of 11 players on the field, including goalie, plus substitution players. These players are rotated during the game.

For ½ field hockey the team is 8 players on the field.

Game day.

The fixtures for the games are available from Hockey Victoria on <https://sportsdesq.imgstg.com/portal/index.cfm?fuseaction=main&OrgID=10870>

The fixtures contain details of the location of each game

Under 12 South - 2013					
Fixtures					
Date / Time	Home	Away	Venue		
03-Aug-2013 08:30 AM	Frankston Gold[1]	Mornington	PHC		
03-Aug-2013 08:30 AM	Southern United Black[2]	GD Warriors	MBN		

For example, selecting location PHC will show you the location of the Peninsula Hockey Centre.

<http://goo.gl/maps/4wSKe> contains links to all playing locations.



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From this selection of your child's grade will allow you to see the fixtures for the year, together with the results and the ladder.

Generally players are asked to be at the game location ½ an hour or more before the game, your team manager will let you know exactly how early before the game.

Players need to be in full uniform, together with their mouth guard and shin pads. A water bottle is also necessary for the game.

A player's family will be allocated to bring the ½ time refreshments. If playing at home at Farm Rd, people will also be allocated to help in the canteen. This is only necessary once or twice a season. The canteen is a key fundraiser for the club, so this small amount of time you provide does help the club considerably.

If your child will not be able to make it to the game or any game, please let the team manager know as soon as possible.

Training.

Teams train once a week. Training times are allocated based on coach and ground availability. During the season some teams will train at Farm Rd, while others train at Dendy St, Brighton Secondary College.

All pre-season training takes place at Farm Rd. The training moves from Farm Rd, to season training at Easter time.

Training times can be found at:

<http://suhc.com.au/section-information/training-schedule/>

Pick up after training. Please remember that our coaches are volunteers. Please be early for pick-up of your child after training as we require 2 people to wait until a child is picked up for child safety reasons. Sometimes training may finish a bit early due to weather etc. If you can, please help out on the pitch rather than wait to be asked.

Finals

The full field teams play during the season in a fourteen round home and away competition. At the end of the fourteen rounds, the top four teams play in finals. The semi final consists of 1v4 and 2v3. The winners of both of those games play in the grand final. The locations of the finals are only available the week of the finals. They are not held at home grounds of the teams playing.

Presentation Nights

The club runs a presentation night for each age group at the end of the season. At this presentation night players receive their team photo and the team/age group awards are presented.

For under 12, under 14 and under 16 teams, a Best Team Player and a Coaches Award is presented. For the under 14 and under 16 age group a Best Girl Player and Best Boy player perpetual trophy and for under 12 age group a Best Player is also presented.

Past winners of these awards can be seen at

<http://suhc.com.au/our-club/awards/>

What can I do to help?



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Like most sporting clubs Southern United relies on the volunteers to run the club and everything around it. You do not need to know anything about hockey to help.

Firstly, junior parents are rostered on canteen duty when their child's team plays at Farm Rd; two parents per game. The canteen is a considerable fund raiser for the club, and this help is appreciated by all.

There are many other jobs that can be carried out, even if you know nothing about hockey. Each team requires a team manager. This requires no hockey knowledge, and is a great way to meet the other parents and get involved. The age co-ordinators help co-ordinate each age group. This is a task that can be carried out by anyone. The committee is always happy to accept volunteers on the committee, or who are just helping for a specific task such as fund raising, equipment co-ordinator, team manager co-ordinator, and lots more.

If you would like to help in anyway, please let the junior secretary know junior.secretary@suhc.com.au

If you are a hockey player, these skills could also be used, either as coach or coaches assistant. Of course, if you are not playing at the moment, the senior and/or masters section would also love you to play.

Club Song.

Most sporting teams have the tradition of singing the club song when the team wins. Southern United is no different.

(to the North Melbourne AFL theme song)

Hearts to hearts and hands to hands
Beneath the Southern sky we stand
The colours of our native land
United! United!

**Out they come, Out they come, Out they come to play
Just for recreations sake to pass the time away
Lots of fun, heaps of fun, enjoy yourself today
United teams are hard to beat when they come out to play.**

**So join in the chorus and sing it one and all
Join in the chorus, for Southern's on the ball
Good old United, they are champions you'll agree
Southern will be Premiers just you wait and see.**

Summer Season

Over the summer, Southern United have teams competing in the indoor competitions. Clinics and summer hockey are also part of the summer program. This guide will be updated with this in the future.

Additional Information

Problems or Issues?



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Please if you have issues or any problems talk to the club about this. Your first point of call should either be the coach or the team manager. If necessary you can also talk to the age co-ordinator, and / or the president or secretary of the junior section.

Useful Links

Southern United Hockey Club

suhc.com.au

Hockey Victoria

<http://www.hockeyvictoria.org.au>

Fixtures

[HV Fixtures](#)

Southern United Face Book Page – please like it – and keep informed

<https://www.facebook.com/southernunited>

Hockey Ground Locations

<http://goo.gl/maps/4wSKe>

Hockey Victoria Facebook page

<https://www.facebook.com/hockeyvictoria>