

Southern United Hockey Club

The Southern United Hockey Club came in to being in 2006 with the merger of the Moorabbin Districts and Sandringham hockey club.

With 35 to 40 teams playing each year, Southern United is the largest club in South East Melbourne.

The club Committee of Management consists of a representative from each section of the club – Juniors, Masters, Men and Women, together with President, Vice President, Secretary and Treasurer.

President	Caitlin Campbell	president@suhc.com.au
Vice President	Helen Eddington	vice.president@suhc.com.au
Club Secretary	Anna Jennings	secretary@suhc.com.au
Junior Section	Ben Grant	junior.section@suhc.com.au
Men Section	Steve Duffield	mens.section@suhc.com.au
Women Section	Mark Storton	womens.section@suhc.com.au
Treasurer	Deb Ghuliani	treasurer@suhc.com.au

Junior Committee of Southern United Hockey Club

The junior section is managed by a junior committee. The committee is always looking for volunteers, no hockey skills are necessary.

President Junior Section	Ben Grant	junior.section@suhc.com.au
Vice President Junior Section	Tina Papadopoulos	junior.section.vicepresident@gmail.com
Junior Secretary	Petra Okhuizen	junior.secretary@suhc.com.au
Junior Treasurer	Jill Arnold	
Junior Registration	Junior Secretary	junior.secretary@suhc.com.au

Also in the committee are age group coordinators, an umpire coordinator, a ball kid coordinator and the junior equipment coordinator.

Each age group has an age group co-ordinator. The co-ordinators are:

Under 8	Petra Okhuizen	suhcunder8@gmail.com
Under 10	interim: Michael Gow	suhcunder10@gmail.com
Under 12	TBC	suhcunder12@gmail.com
Under 14	Sally Connor	suhcunder14@gmail.com
Under 16	Dena Thomas	suhcunder16@gmail.com
Under 18	Sarra Hayes	suhcunder18@gmail.com

Communication

The above mentioned coordinators, together with the team managers are the key source of information.

The Southern Junior section uses TEAM APP  as the main source of communication.

As a member of the junior section you should be part of teamapp.

Please go to the App store and install team app on your phone.

Go and look for Southern United Hockey Club  to join and fill in your details and the groups you like to have access to. We will approve your request.

If you wish to join team app with another user id, just request it at team app: [suhc.teamapp.com](https://www.teamapp.com.au/suhc)

The Southern United Hockey Club website [suhc.com.au](https://www.suhc.com.au) and the facebook page <https://www.facebook.com/southernunited> are also key information sources.

WHAT CAN YOU DO TO HELP AS WE ARE A CLUB RUN BY VOLUNTEERS?

Like most sporting clubs Southern United relies on the volunteers to run the club and everything around it. You do not need to know anything about hockey to help.

There are many jobs that can be carried out, even if you know nothing about hockey. Each team requires a **TEAM MANAGER**. This requires no hockey knowledge, and is a great way to meet the other parents and get involved.

If you are a hockey player, these skills could also be used, either as **COACH** or **ASSISTANT COACH**. Of course, if you are not playing at the moment, the senior and/or masters section would also love you to play.

The **AGE COORDINATORS** help co-ordinate each age group. This is a task that can be carried out by anyone.

The **PROJECT GROUP JUNIOR SECTION** is always looking for volunteers on the committee, or who are just helping for a specific task such as **fund raising, equipment coordinator, help with team photo's, manage the ball kids for the premier league home games, help organising the Junior Presentation Night, and lots more.**

If you would like to help in anyway, please let the junior secretary know junior.secretary@suhc.com.au

Lastly, junior parents are rostered on **CANTEEN DUTY** when their child's team plays at Farm Rd. We will roster two parents per game. The canteen is a considerable fundraiser for the club, and your help is appreciated by all.

THE JUNIOR SECTION CAN ONLY CONTINUE WITH HELP OF PARENTS SO PLEASE OFFER A BIT OF YOUR FREE TIME TO HELP THE CLUB OF YOUR CHILD !

It takes a small army of volunteers to organise everything, from coaches kits, to registrations, to teams, to social events, but as they say "many hands make light work".

With some of our long-serving volunteers moving on in 2021, we are encouraging all members, especially parents of younger players, to consider getting involved by taking on a role on committee, sub-committee or as a non-committee volunteer. Some organisation and administration skills are required for most roles, being an enthusiastic "do-er" and team player is a must!

Hockey Victoria

Southern United is part of the Hockey Victoria Metropolitan competition. Hockey Victoria manage the competitions in which Southern United competes, including managing of fixtures.

Hookin2Hockey for Children 10 and younger NEW to HOCKEY

Details of the pathway to enter hockey for many children, commencing with Hookin2hockey is available at <https://suhc.com.au/hin2h/>

Hookin2Hockey is the best program as a start for our future hockey super stars at our club.

Stick2Hockey for Under 8 and under 6 Children, born on or after 2013

Details of the pathway to enter hockey for many children, commencing with Hookin2hockey is available at <http://suhc.com.au/section-information/juniors/hook-in-2-hockey/>

A program will take place for under 6/8 children on a Friday evening at 4.30 pm. This will consist first of skills practice and followed by small games, where children will be placed in teams at the start of the program and these teams will play games against each other within the Southern United group.

Those new to hockey are encouraged first to take part in the Hookin2hockey program that takes place in February.

HALF FIELD and QUARTER FIELD program for children under 10, born on or after 2011

Most under 10 children will take part in an intra club program, the Quarter Field Competition, where children will be placed in teams at the start of the program and these teams will play games against our own club teams and teams from hockey clubs in the area.

The training/games will be combined together, so it will all happen on Saturday morning, and it will be all at the one location, no need to travel "away".

Training/skills practice for this will take place on a Thursday evening around 5.30 pm. Games will be at 8.15 on the Saturday morning at Farm Rd.

Those new to hockey are encouraged first to take part in the Hookin2hockey program that takes place in February and March of each year.

There will be a boys and girls team that take part in the half field Hockey Victoria competition that trains on Thursday night at 5.30pm at Farm Road, and play in a half field competition on Saturday mornings.

Winter Season for Under 12, 14, 16 and 18 and the Under 10 Half Field competition

Hockey is generally a winter sport and the main hockey season is over winter. The junior teams play in a 14 round home and away season.

Age Groups

The age groups for junior are:

Under 10 – Born in 2011 or later
Under 12 – Born in 2009 or 2010
Under 14 – Born in 2007 or 2008
Under 16 – Born in 2005 or 2006
Under 18 – Born in 2003 or 2004

Some children may play in an age group older than they are qualified, this is at the discretion of the junior committee.

When are the games played ?

The under 14, under 16 and under 18 games are played on a Friday evening. The aim is that no game starts prior to 6.30pm, or starts later than 9pm, although there can be exceptions. The under 14 games generally will play earlier, and the under 16 games later, with the under 18 games starting after the under 14 and under 16 are finished.

The under 10 and under 12 games play on a Saturday morning. Generally the under 12 games play first, generally starting between 8.30am and 10.30am, with the under 10 games somewhere between 10.30am and 11.30am.

How long are the games?

The under 14 and under 16 games consist of 2 x 30 minute halves, with a 5 minute half time.

The under 12 consist of 2x25 minute halves with 5 minute half time, and the under 10 half field is 2 x 20 minute halves with 5 minute half time.

Dates

The season for 2021 is 14 rounds of home and away games for the full field and half field junior competition.

First Game:	30 April/1 May
Last Round:	20/21 August
No Junior hockey:	11/12 June- 2/3 July - 9/10 July
U12/14/16/18	
Two Weeks finals:	27/28 August and 3/4 September

Girls vs Boys vs Mixed Hockey

In the Victoria Metro area, in all age groups there is a girls Shield and Pennant competition and a boys Shield and Pennant competition. In the district competition there are still mixed teams.

Grades

For under 12, under 14 and under 16, there are three grades of hockey that are played during the winter season. Under 18 has a District grade competition.

Shield Grade. These teams play in a competition with clubs from all areas of metropolitan Melbourne, including Geelong. There are two shield competitions, a higher grade shield, Shield A, and a lower shield competition Shield B. Most of the Southern Shield teams are in Shield A.

Pennant Grade. There are generally three pennant competitions for metropolitan Melbourne in boys and girls competition. Southern United generally has a team in the Pennant South East Competition for the grade. The south east group will contain teams generally from Berwick, Frankston, Waverley to Box Hill.

District Grade. There are up to five different district competitions in metropolitan Melbourne in district grade. Southern United generally plays in the South district competition, hence a team will be known as “under 12 south”. At times Southern United will have teams in other districts as well. South generally contains teams from Berwick (Casey), Dandenong, Frankston, Mornington, Mentone. The under 12 district competitions are played on a half pitch size.

If Southern United has more than one team in a particular grade, these teams will be differentiated by colour, so a team may be known as Under 14 South Red. The colours generally are red, black or silver - the colours of the uniform.

What to Wear & Bring to hockey

The Southern United uniform can be purchased at the shop at out Farm Rd ground

The uniform consists of a red/black/silver shirt/singlet, black shorts and red socks with black top.

Prices for these items are:

\$59 shirts

\$45 shorts & skorts

\$15 socks

\$60 all hoodies

\$50 trackies and club jackets

100% of all profit from sales at the Farm Rd shop go back into the club's running costs and upgrades.

The shop has opening hours for most pre-season training nights. Contact Suzie at shop@suhc.com.au

What else to wear/bring?

Players can play in runners, but **shoes** designed to play on the hockey turf provide better grip and support. These also can be purchased at the SUHC uniform shop and at shops such as HockeyWorld on South Road in Bentleigh or at other sports stores such as Sportsmart.

Mouth guards and shin pads - are essential. Mouth guards can be purchased at the SUHC uniform shop and HockeyWorld, chemists, sports shops or from your dentist.

Hockey stick - Once again hockey sticks can be purchased at the SUHC uniform shop and at Hockey-World on South Road in Benteigh. As children grow, their hockey stick needs to grow with them. Ideally the stick reaches from the ground to the players hip bone.

At training full uniform is not required. Shin pads and mouth guards are a must at training.

When playing a team with uniform that clashes – ie red shirt, if your team is the away team (the 2nd name team), instead of wearing the red club shirt a clash shirt needs to be worn. In the junior grades this can be a white t-shirt, or a club away shirt can be purchased for this purpose.

Teams

Each player will be allocated to a team, based on the clubs selection policy. There often is some movement of players between teams as the season ebbs and flows due to injury and player availability.

Each team has a coach (or coaches) allocated to the team, and a team manager.

If you are interested in being a team manager, please let the junior secretary know on junior.secretary@suhc.com.au

The team manager will be responsible for sharing information about the goings on of the team to all members of the team. They will also allocate a family each week to bring half time refreshments – often oranges and snakes, and create a roster for canteen duty.

If you have any questions about the team or what is happening with the team please contact your team manager, or the age co-ordinator if needed.

A team for full field hockey consists of 11 players on the field, including goalie, plus substitution players. These players are rotated during the game.

For ½ field hockey the team is 7 players on the field.

Each season Southern United Hockey Club has teams in every age group in every level.

Goal Keepers

Each full field team (under 12 – under 18) requires one child per game to play as goal keeper. Ideally the team has one child who takes on this role for the season, if this is not possible, the role of goal keeper is rotated around the players.

The club provides safe and good goal keeping kit for each junior team. Where a goal keeper provides their own kit, a fee discount is available.

The club provides specialist goal keeper training each year, generally every 4 weeks or so.

The goal keeper corner on the SUHC website has details of training and other useful resources. <http://suhc.com.au/goalies/>

Training

Teams train once a week. Training times are allocated based on coach and ground availability. During the season some teams will train at Farm Rd, while others train at Dendy St, Brighton Secondary College.

All pre-season training takes place at Farm Rd. The training moves from Farm Rd, to season training at Easter time.

Training times can be found at: <http://suhc.com.au/section-information/training-schedule/>

Pick up after training. Please remember that our coaches are volunteers. Please be early for pick up of your child after training. Sometimes training may finish a bit early due to weather etc.

Game day

The fixtures for the games are available from Hockey Victoria on the Southern United Website: <https://suhc.com.au/fixtures/> The fixtures contain details of the location of each game.

<https://www.hockeyvictoria.org.au/info-hub/venue-information/> contains links to all playing locations.

From the selection of your child's grade, allow you to see the fixtures for the year, together with the results and the ladder.

Generally players are asked to be at the game location ½ an hour or more before the game, your team manager will let you know exactly how early before the game.

Players need to be in full uniform, together with their mouth guard and shin pads. A water bottle is also necessary for the game.

A player's family will be allocated to bring the ½ time refreshments. If playing at home at Farm Rd, people will also be allocated to help in the canteen. This is only necessary once or twice a season. The canteen is a key fundraiser for the club, so this small amount of time you provide does help the club considerably.

If your child will not be able to make it to the game or any game, **please let the team manager know as soon as possible. Please do this as soon as you know, so please go through your diary at the start of the season to check any known clashes.**

Finals

The full field teams play during the season in a fourteen round home and away competition. At the end of the fourteen rounds, the top four teams play in finals.

Week 1:

- Qualifying Final 1 vs. 4 and 2 vs 3

Week 2: Grand Final

- Winners of Qualifying Finals

Presentation Nights

The club runs a presentation night/day for each age group at the end of the season. At this presentation night players receive their team photo and the team/age group awards are presented.

For under 12, under 14 and under 16 teams, a Best Team Player and a Coaches Award is presented. For the under 14 and under 16 age group a Best Girl Player and Best Boy player perpetual trophy and for under 12 age group a Best Player is also presented.

Past winners of these awards can be seen at <http://suhc.com.au/our-club/awards/>

Club song

Most sporting teams have the tradition of singing the club song when the team wins.

Southern United is no different.

(to the North Melbourne AFL theme song)

Hearts to hearts and hands to hands

Beneath the Southern sky we stand

The colours of our native land

United! United!

Out they come, Out they come, Out they come to play

Just for recreations sake to pass the time away

Lots of fun, heaps of fun, enjoy yourself today

United teams are hard to beat when they come out to play.

So join in the chorus and sing it one and all

Join in the chorus, for Southern's on the ball

Good old United, they are champions you'll agree

Southern will be Premiers just you wait and see.

Summer Season

Over the summer, Southern United have teams competing in the indoor competitions. Clinics and summer hockey are also part of the summer program. For information about indoor hockey please contact the indoor hockey coordinator via email: suhc.junior.indoor@gmail.com

Representative Hockey

Players have the choice of trying out for representative hockey. Southern is part of the Southern Metro zone of hockey, and children when selected can play representative hockey for the Southern Metro Sharks. The sharks play in the Junior State Championships which run for a week during the July school holidays, for age groups Under 13, 15 and 18.

Southern is proud of the many players that have represented Sharks and the state.

For more details see <http://suhc.com.au/section-information/juniors/representative-hockey/>

Child Safety

From 1 January 2017, the Child Safe Standards will apply to sporting organisations that operate and provide sporting services to children within Victoria (including National Sporting Organisations). The Standards apply to organisations as a whole, not only the areas that work with children. The Standards apply to all personnel in your organisation. This includes: • Board of Management / Committee Members • All paid staff (CEO, Executive, Employees) • All Volunteers (Coaches, officials, administrators, scorers etc) • All students on placement • Any contractors you engage

As part of SUHC's commitment to these standards we have attached our **Child Safe Code of Conduct and Child Safe Policy** All coaches will be given a copy of these as well as all senior players signing up to the Code of Conduct when they register with SUHC.

For more information <http://www.vicsport.com.au/child-safe-standards>

If at any point you have concerns please contact our Child Safety Officers on childsafety@suhc.com.au

Member Protection and Inclusion

Please see details of our policies at <http://suhc.com.au/section-information/policies/>

Problems or Issues?

Please if you have issues or any problems talk to the club about this. Your first point of call should either be the coach or the team manager. If necessary you can also talk to the age co-ordinator, and / or the president or secretary of the junior section. See start of document for details.

Useful Links

Southern United Hockey Club

suhc.com.au

Hockey Victoria

<http://www.hockeyvictoria.org.au>

Fixtures

<https://suhc.com.au/fixtures/>

Southern United Face Book Page

<https://www.facebook.com/southernunited>

Southern United Instagram

<https://www.instagram.com/southernunitedhockeyclub/>

Hockey Ground Locations

<https://www.hockeyvictoria.org.au/info-hub/venue-information/>